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Dear Parents and Carers,

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Anti-Bullying Week 2018 is being held between the 12th and 16th November and is organised by the [Anti-Bullying Alliance](http://www.anti-bullyingalliance.org.uk). This year the theme is 'Choose Respect'. Anti bullying week is a great way to get involved, take a stand against bullying and raise awareness in our school.



We would like to show our support for Anti-Bullying Week on Monday 12th November by asking the children to wear odd socks. Odd Socks Day helps to show that everyone is different but we are all equal and that it is important to make sure that we are all able to be ourselves. It's an opportunity for children to express themselves and celebrate individuality. There is no pressure on the children to wear the latest fashion or for parents to buy expensive costumes. All they have to do to take part is wear odd socks to school, it couldn't be simpler!

As part of our PSHE curriculum and our continuing work to develop all children's social, emotional and behavioural skills we are planning our Anti-Bullying Week in school. Our week of activities will shine a light on bullying, sending a clear message that it is neither acceptable nor inevitable in a school community. The week will begin on Monday with a whole school assembly. I will then be visiting each of our classes to reinforce the message that bullying, or bystanders will not be tolerated.

Our assembly on Monday will focus on the importance of being kind. Choosing kindness doesn't cost anything but can help someone enormously. We all have choices to make. The children will be encouraged to carry out acts of kindness

throughout the week such as saying something nice to bring a smile to someone's face, holding a door open for others or helping others to feel happy and confident. Lots of ideas will be shared!

Please look at our Anti-Bullying information on the school website under *Our School / Behaviour at Banks Road*: www.banksroadschool.co.uk as well as information on the Anti-Bullying Alliance website: www.anti-bullyingalliance.org.uk

Thank you for your continued support.

Yours sincerely,

Carole Clemens
Head Teacher



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