

# Anti-Bullying Policy

## 2025

This guidance and associated policy template for Anti-Bullying has been written to reflect the most recent Keeping Children Safe in Education (KCSiE) Statutory Guidance (1 September 2025) [Keeping children safe in education - GOV.UK \(www.gov.uk\)](https://www.gov.uk/keeping-children-safe-in-education)

KCSiE 2025 states that: All staff should be aware of systems within their school or college which support safeguarding, and these should be explained to them as part of a staff induction. This includes *‘measures to prevent bullying, including cyberbullying, prejudice-based and discriminatory bullying’*.

Regardless of how a school chooses to define or respond to bullying, policies and procedures should be clearly communicated and understood by pupils, parents/carers, and staff. If incidents do occur, they should be dealt with quickly and effectively.

Incidents of bullying may be considered as ‘Child-on-Child Abuse’. Nottingham City Council and Nottinghamshire County Council have a joint ‘Child-on-Child’ Abuse Policy Guidance and Template document – please see Section 2 for details of who to contact to request a copy of this.

KCSiE 2025 states that *‘children with special educational needs or disabilities (SEND) or certain medical or physical health conditions can face additional safeguarding challenges both online and offline’*. It also states that these children can be *‘more prone to peer group isolation or bullying (including prejudice-based bullying) than other children’* and there is a *‘potential for children with SEND or certain medical conditions being disproportionately impacted by behaviours such as bullying, without outwardly showing any signs’* and that they may have *‘communication barriers and difficulties in managing or reporting these challenges’*. Schools should be particularly mindful about these children when outlining their reporting procedures in the main body of the Anti-Bullying policy.

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**Introduction**

At Banks Road Infant and Nursery School we aim to produce an inclusive environment for all pupils which openly discusses differences between people and celebrates diversity.

As a consequence we aim to provide a safe, caring and friendly environment for learning for all our pupils to allow them to improve their life chances and help them maximise their potential.

We expect pupils to act safely and feel safe in school, including that they understand the issues relating to all forms of bullying and that they feel confident to seek support from school should they feel they or others are unsafe.

We would also want parents/carers to feel confident that their children are safe and cared for in school and that incidents when they do arise, are dealt with promptly and well.

The school is aware of its legal obligations including the Equalities Act 2010. We are aware of our role within the local community supporting parents/carers and working with other agencies outside the school where appropriate.

## Model Anti-Bullying Policy

### Recommended definition of bullying and ‘relational conflict’:

Nottinghamshire uses the definition of bullying provided by the [Anti-Bullying Alliance](#):

***“Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal, or psychological. It can happen face to face or online.”***

Schools may find it helpful to use the term ‘relational conflict’ when discussing friendship fallouts or incidents occurring between pupils that do not fall into the category of bullying. Relational conflict usually involves individuals or groups who are relatively similar in power and status, the behaviours happen occasionally and could be considered accidental. Usually, following an incident, pupils show remorse and there is a general willingness to make things right or resolve the conflict. Not all relational conflict or falling out leads to bullying, but schools must be aware that some do – we must bear in mind that unresolved bad feelings or relationship problems left unaddressed can be the start of a pattern of behaviour in which the intention becomes to cause harm or distress.

Regardless of whether an incident or situation is deemed as ‘relational conflict’ or ‘bullying’, schools need to address the situation and support the pupils to resolve any negative feelings. Schools must monitor children following a ‘relational conflict’ to ensure that the situation has been resolved and does not escalate to bullying. Schools must challenge, address, and monitor any incidents of bullying, to ensure the bullying does not continue and that all pupils feel supported (this may include the children involved in the incident as well as any bystanders or witnesses).

### Recommended language / Key terminology:

It is important to be mindful about the language we use when referring to children involved in relational conflicts or bullying incidents – terminology like ‘victim’ and ‘bully’ may be unhelpful as it can often be interpreted as a label or something that says that’s what the child *is* rather than what they’ve experienced, or what behaviour they have perpetrated/displayed. Wherever possible, we would recommend using strengths-based language that acknowledges the experiences that children have had but also recognises that children’s behaviour can change. Some young people may self-identify as a ‘victim’, but we should try to use language like ‘target’ or ‘child who has experienced bullying behaviour’. Similarly, we should try to avoid language like ‘bully’ or ‘aggressor’ – instead we should try to use phrases like ‘the child who has displayed bullying behaviour’ or ‘child who has allegedly perpetrated bullying behaviour’.

This language shift may be particularly important due to the latest evidence and research which shows that bullying tends to be a group behaviour and several different people with different roles can be involved – these roles can then shift depending on the scenario, who is present and the dynamics in the group. It’s important for us to acknowledge that very rarely do bullying situations involve *just* a ‘target’ and a ‘perpetrator’, and instead there are often ‘ringleaders’, ‘reinforcers’, ‘assistants’ and ‘defenders’ etc. It is sometimes possible for

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a perceived ‘target’ to become the alleged ‘perpetrator’ if the power imbalance shifts. Please see the following link for further information: [Bullying as a group behaviour](#)

**Types of bullying behaviour:**

Within the policy template, we include a list of different types of bullying behaviour – and we state:

Bullying behaviour may include, but is not limited to:

- Physical – pushing, poking, kicking, hitting, biting, pinching etc.
- Verbal – name calling, sarcasm, spreading rumours, threats, teasing, belittling, gossiping.
- Emotional – isolating others, tormenting, hiding books/belongings, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation, and coercion.
- Sexual – unwanted physical contact, inappropriate touching, abusive comments, exposure to inappropriate films etc.
- Online / Cyber – posting on social media, sharing photos, sending nasty text messages, social exclusion, posting / sharing socially embarrassing material etc.
- Indirect – can include the exploitation of individuals such as ‘false friendships’, criminal exploitation, sexual exploitation, and radicalisation.
- Prejudice-related – derogatory and discriminatory language and behaviour including that which is racist, sexist, homophobic, biphobic, transphobic and disablist in nature. **This language and behaviour may be directed towards people because of their sex, religion or beliefs, race/ethnicity/nationality; or because they have a learning or physical disability; or because they are lesbian, gay, bisexual, or trans, or are perceived to be, or have a parent/carers, sibling, or friend who is.** It may include misogyny or misandry and be sexist in nature. Such language and behaviour are generally used to refer to something or someone as inferior.

This year, we have also made specific reference to two more types of bullying behaviour – ‘Baiting’ and ‘False Friendships’.

- Baiting is ‘a provocative act used to solicit an angry, aggressive or emotional response from another individual’ – ‘baiting can be used in bullying both on and offline and it can be used to bully someone to get ‘a rise’ out of them and it can be used to antagonise those who might be bullying others to get them to bully’. Research shows us that ‘sometimes baiting is used secretly to try to get a person to explode in a rage or react negatively/loudly so that they get in to trouble’. Sometimes, children who have SEND may experience baiting from their peers as their triggers may be more well-known amongst the group.
- False friendships ‘describe relationships where someone pretends to be your friend, or is your ‘friend’ sometimes, but actually uses their power to bully you’. Research shows that ‘false friendships can sometimes be hard for adults to identify’ and that some children may be more likely to experience them if they don’t understand what a good friend is.

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**Contextual Safeguarding and interventions:**

Bullying can happen to any child, and it can have a significant impact on their social, mental, and emotional health. School staff should support all pupils who have experienced/are experiencing bullying – the nature and level of support will depend on the individual circumstances and the level of need.

All staff should consider the context within which incidents and/or bullying behaviours occur. Schools should consider the motivations behind the bullying behaviour and whether it reveals any concerns for the safety and welfare of the perpetrator. The child who has displayed bullying-type behaviours should also be supported.

Witnessing or being a bystander to bullying incidents may also affect a child’s wellbeing, school staff should proactively support those children too in processing their experiences.

**Using data and the importance of monitoring:**

It is good practice for schools to collect data about bullying and relational conflict – and then to use this data to make whole-school change. When schools implement new reporting strategies or recording systems, they may expect to see an increase in the number of reports. However, this doesn’t necessarily mean that there is an increased number of incidents of bullying, instead it may indicate that young people feel better able to report incidents and are more confident that the school will respond and support. Higher reports may also indicate that young people have a greater awareness of behaviours which may be considered as bullying.

The Anti-Bullying Alliance (ABA) states that ‘one of the key aspects of preventing bullying and minimising negative impacts is to have a good understanding of who is being bullied’. The ABA suggest schools gather information so they can ‘better understand what issues or trends are emerging that need to be addressed head on’.

It may be appropriate and helpful for schools to collect and monitor the following types of data throughout the academic year: surveys for pupils and parents to spot issues or emerging concerns, audits to assess knowledge and confidence of staff, discussions with pupils and peer mentors to flag ‘hot spots’ and analysis of key themes / topics of bullying that may indicate pupils need education to address their understanding or prejudices. Data analysis of reports of bullying may also highlight key pupils who are repeatedly experiencing or displaying bullying behaviours – this may then highlight that further safeguarding or mental health and wellbeing interventions are needed.

**Referencing Banter vs Bullying in our Anti-Bullying policy:**

Over the last few years, we have worked with colleagues from Nottingham Trent University to include references to banter in our model Anti-Bullying policy, as it is recognised that some bullying can be passed off as ‘just banter’. There is a specific reference to banter within the ‘What does bullying behaviour look like?’ section of the policy – further information and professional guidance is detailed below.

Banter is an increasingly relevant part of discussions relating to bullying; however, it is important to acknowledge that banter is not inherently bullying and can be an important part of social bonding and friendships. At the same time, we know that some bullying is

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passed off as ‘just banter’, and that banter can quickly escalate to inappropriate or harmful exchanges and bullying.

This policy defines ‘prosocial banter’ as ‘playful, typically funny, teasing between friends’. Prosocial banter can occur both online and offline and includes a range of behaviours that may be verbal, physical, or information/message sharing (online). Banter can include some of bullying behaviours set out in this policy document, so it is important to distinguish between shared positive social bonding and inappropriate banter and bullying.

Schools can make this distinction by identifying:

- The **intention** behind the comment and/or behaviour
  - o Was the intention to cause harm?
- The **content** of the comment and/or behaviour
  - o Does everyone understand and agree that comments or actions are banter? Was the banter wanted by the recipient? Banter is more likely to be perceived positively when it happens amongst people who are friends and share an understanding of communication and social boundaries. The social context is important to consider; for example, is it online/offline? Was the comment/behaviour in public (i.e., open for anyone to see) or private settings (i.e., a closed social network such as a WhatsApp group) with known others/strangers? It’s important to also consider the size and composition of the audience, as sharing banter with larger audiences who include members outside of friendship groups can cross the line of acceptability.
- The **topic** of the banter
  - o Was the topic of the banter appropriate or inappropriate? Is it a topic that the recipient has acknowledged that it is ok to banter about? Was there language, behaviours/actions or online content (e.g., pictures, emojis) used that could be considered objectively offensive such as racist, homophobic, sexist slurs.

Schools can support their pupils by:

- 1) Providing reporting mechanisms for pupils to encourage and enable them to speak out and address any concerns. These reporting mechanisms will already be listed, in detail, in the main body of your Anti-Bullying policy.
- 2) Ensuring that pupils are aware of what banter is and that they can distinguish between positive/prosocial banter and bullying. Supporting young people to navigate the complexities of online banter through targeted lessons and assemblies - this includes promoting and championing positive friendships and social relationships as well as highlighting some of the barriers.
- 3) Please see the Useful Resources section of this document for the link to our [Anti-Bullying Padlet](#) which contains a column of recommended resources to support with the topic of banter (and other Anti-Bullying topics).
- 4)

**Policy requirements:**

Section 89 of the Education and Inspections Act 2006 states that *maintained schools must have measures to encourage good behaviour and prevent all forms of bullying amongst*

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*pupils. The Independent School Standards Regulations (England Amendment) 2012 state that the proprietor of an academy or other independent school is required to ensure that an effective anti-bullying strategy and health & safety strategy is drawn up and implemented.*

Some schools choose to include this information in a separate Anti-Bullying policy, whereas others choose to include the information in their behaviour policy. Nottingham City Council and Nottinghamshire County Council support the view held by the Anti-Bullying Alliance (ABA), that a **separate** Anti-Bullying policy provides greater clarity about a school's Anti-Bullying strategy. A policy template is attached to this document (available on pages 8-15),

It is good practice to link your school's Anti-Bullying Policy with the following policies as a minimum:

- Safeguarding and Child Protection Policy
- Behaviour policy
- Child-on-Child Abuse policy
- Online Safety policy
- Relationships Education, Relationships and Sex Education (RSE) and Health Education (RSHE) Policy

**Preventing bullying:**

A school's response to bullying should not start at the point at which a child has been bullied, schools should have a variety of strategies in place to promote friendly behaviours and prevent or discourage bullying-type behaviours. *'Schools which excel at tackling bullying have created an ethos of good behaviour where pupils treat one another and the school staff with respect because they know that is the right way to behave'* ([Preventing and tackling bullying \(publishing.service.gov.uk\)](https://www.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/61661/Preventing_and_tackling_bullying.pdf)).

Schools should:

- Involve parents/carers – ensure that they are aware that the school does not tolerate bullying and that they know what procedures to follow if they believe their child is being bullied or is displaying bullying behaviours. Parents/carers should feel confident that the school will take any complaint about bullying seriously and resolve the issue in a way that protects the child (**Please note, even if an incident is not deemed as 'bullying' following an investigation, the pupil(s) and parents/carers may need further support. Please see information about 'relational conflict'**)
- Involve pupils – ensure pupils know how to report bullying and how they can play a part in preventing bullying (including their role as a bystander). Make it easy for pupils to report bullying – they must be assured that they will be listened to, and all reports will be acted on. Pupils should also feel that they can report bullying which may have occurred outside school including cyber-bullying (**Please note, the Education and Inspections Act 2006 states that "Head teachers have the legal power to make sure pupils behave outside of school premises". Head teachers have the power to discipline their students for any bullying incidents outside of school 'to such an extent that is reasonable'. This includes bullying**

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that happens anywhere off the school premises, on the way to or from school, and/or online.).

- Regularly evaluate and update their Anti-Bullying approach – e.g., take account of technology developments and be mindful of the global rise in cyber-bullying. **(Please note, schools may benefit from taking part in the Anti-Bullying Alliance’s free whole-school programme – [United Against Bullying](#) – this programme supports schools to audit their Anti-Bullying practice and procedures).** It is good practice, as with the development of all policies, to consult with all main school stakeholders, such as – pupils, parents/carers, staff, governors, and the wider community.
  - Follow the school’s behaviour policy and implement ‘disciplinary sanctions’ for incidents of bullying.
  - Openly discuss differences between people which could ‘motivate bullying’ e.g., religion & belief, race & ethnicity, disability, gender identity, sex, sexuality, or appearance-related differences. Also discuss different family situations such as looked after children and children with caring responsibilities.
  - Provide effective staff training **(Please note, [free online e-learning training](#) is available from the Anti-Bullying Alliance)**
  - Work with the wider community (such as the police, the Local Authority, or Children’s Services) to agree a clearly understood approach to cases where bullying is particularly serious or persistent and where a criminal offence may have been committed.
  - Create an inclusive environment – schools should create a safe environment where pupils can openly discuss the cause of their bullying, without fear of further bullying or discrimination.
  - Celebrate success – this is an important way of creating a positive school ethos
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- KCSiE 2025: [Keeping children safe in education - GOV.UK \(www.gov.uk\)](#)
  - Working Together to Safeguard Children: [Working together to safeguard children - GOV.UK \(www.gov.uk\)](#)
  - Preventing and Tackling Bullying 2017: [Preventing bullying - GOV.UK \(www.gov.uk\)](#)
  - Equality Act 2010 guidance: [Equality Act 2010: guidance - GOV.UK \(www.gov.uk\)](#)
  - Education and Inspections Act 2006: [Education and Inspections Act 2006 \(legislation.gov.uk\)](#)
  - Relationships and sex education (RSE) and health education guidance: [Relationships and sex education \(RSE\) and health education - GOV.UK](#)
  - Anti-Bullying Alliance website for information about bullying, Anti-Bullying week, whole school approaches etc.: [Anti-Bullying Alliance](#)
  - Nott Alone website – separate pages of information for children and young people, parents and carers and professionals: [Bullying | NottAlone](#)



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We have also created an Anti-Bullying Padlet which has a huge range of resources including research reports, curriculum resources and lesson plans, resources for parents and carers, and links to quality assured training opportunities. This Padlet is available here: [Anti-Bullying Padlet](#) and it contains relevant information for all schools and settings across Nottingham City Council and Nottinghamshire County Council.

If you are a school / setting within Nottingham City and you would like further support or information – please contact: Claire Maclean (Schools and Education Safeguarding Coordinator): [Claire.Maclean@nottinghamcity.gov.uk](mailto:Claire.Maclean@nottinghamcity.gov.uk)

If you are a school / setting within Nottinghamshire and you would like further support or information - please contact: Katherine Marshall (Anti-Bullying and Online Safety Coordinator): [Katherine.Marshall@nottscc.gov.uk](mailto:Katherine.Marshall@nottscc.gov.uk)

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**NCC Policy Template - Anti-Bullying Policy**  
**Nottingham City Council and Nottinghamshire County Council Policy Template - Anti-Bullying Policy**  
**1<sup>st</sup> September 2025**

**Introduction**

At Banks Road Infant and Nursery School we aim to provide a supportive, caring, and friendly environment which allows all our pupils to learn in an atmosphere which is focussed on improving their life chances and helping them to maximise their potential. We expect our pupils to act safely, and feel safe, in and outside of school – we do not tolerate any form of bullying and we are committed to preventing and tackling it. We recognise that as children learn and grow together, they may experience fallouts with their peers, but we are committed to supporting our pupils to resolve these ‘relational conflicts’ and stop them from progressing to bullying behaviours. If an incident of bullying does occur, we believe our pupils, parents/carers and staff should feel confident in reporting it and know that that all incidents will be dealt with promptly and effectively. Bullying will never be tolerated at our school.

At Banks Road Infant and Nursery School we encourage open discussions around differences between people, we actively challenge prejudice, and we celebrate diversity. We adopt a contextual safeguarding, trauma-informed and strengths-based approach to bullying and child-on-child abuse, and we are committed to working with families and outside agencies where appropriate.

**Policy Development**

This policy has been developed to reflect the most recent Keeping Children Safe in Education (KCSiE) Statutory Guidance (1<sup>st</sup> September 2025) and was formulated in consultation with the whole school community with input from:

- Members of staff
- Governors
- Parents/carers (parent focus groups producing a shorter parent’s guide)
- Children and young people – (pupils contribute to the development of the policy through the school council, circle time discussions etc.)

This policy is available:

- Online at [www.banksroadschool.co.uk](http://www.banksroadschool.co.uk)
- From the school office

This policy is reviewed and evaluated throughout the academic year. It is updated annually.

**Roles and Responsibilities**

All staff at our school are aware that children may bully other children, and that this can happen both inside and outside of school, and online. All staff understand the school’s Anti-Bullying strategy and approach and know the important role that they each have in preventing and tackling bullying.

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**The Head teacher** has overall responsibility for Anti-Bullying at our school. She is responsible for appointing an Anti-Bullying Coordinator and liaising with the Governing board, parents/carers, the Local Authority, and outside agencies when appropriate.

**The Anti-Bullying Coordinator, the head teacher,** is responsible for:

- Implementing the policy and monitoring/assessing its effectiveness
- Managing the reporting and recording of bullying incidents
- Coordinating Anti-Bullying training and support for staff and parents/carers where appropriate
- Monitoring the effectiveness of strategies for preventing bullying behaviour

**The Designated Safeguarding Lead (DSL)** and their Deputies in our school are: Helen Taylor, Maria Holmes & Rachael Morris. Safeguarding is the responsibility of all, however all staff, parents/carers and pupils need to be aware of who to report to and how to report any safeguarding concerns.

**The nominated Governor** with responsibility for Anti-Bullying and Behaviour is Andrew Ambler.

**What is bullying and how does it differ to relational conflict?**

At Banks Road Infant and Nursery School we have adopted the definition of bullying provided by the Anti-Bullying Alliance:

***“Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying can be physical, verbal, or psychological. It can happen face to face or online.”***

We recognise that bullying can take many forms and can affect any child. It is often motivated by prejudice against particular groups (for example on grounds of race & ethnicity, religion & belief, gender identity, sex, sexual orientation, special educational needs, or disabilities, or because a child is adopted, in care or has caring responsibilities). Bullying can be motivated by actual differences between children, or perceived differences. However, we also recognise that incidents may occur between pupils, which may not be deemed as ‘bullying’ but still require support or intervention from trusted adults. These incidents may be referred to as ‘relational conflicts’ or falling out. Relational conflict differs to bullying in the fact that it is usually between individuals or groups who are relatively similar in power and status (a power balance), and the behaviours or incidents occur occasionally (not repetitive) or occur by accident (not intentional). Usually, following a relational conflict incident, pupils show remorse and there is a general willingness to make things right or to resolve the conflict.

Not all relational conflict or falling out leads to bullying, but our school is aware occasionally some can, and we are mindful that unresolved bad feelings or relationship problems left unaddressed can be the start of a pattern of behaviour in which the intention becomes to cause harm or distress.

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Although bullying and relational conflicts can take place between individuals, we recognise that it often takes place in front of others (either physically or virtually), pupils who witness these incidents/behaviours are often referred to as ‘bystanders’.

Regardless of whether an incident or situation is deemed as ‘relational conflict’ or ‘bullying’, our school will address the situation and support the pupils to resolve any negative feelings. Our school will monitor children following an episode of relational conflict to ensure that the situation has been resolved and does not escalate to bullying. Our school will challenge, address, and monitor any incidents of bullying, to ensure that it does not continue and that all pupils feel supported (this will include the target, the alleged perpetrator, any bystanders, and the wider school community).

**What does bullying behaviour look like?**

At Banks Road Infant and Nursery School we consider the context within which incidents and/or behaviours of concern occur. We will consider the motivations behind the behaviours and will take into account the age and stage of development of the pupils involved. Our focus will always be the safety and welfare of all children involved.

Bullying behaviour may include, but is not limited to:

- Physical – pushing, poking, kicking, hitting, biting, pinching etc.
- Verbal – name calling, sarcasm, spreading rumours, threats, teasing, belittling and gossiping.
- Emotional – isolating others, tormenting, hiding books/belongings, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation, and coercion
- Sexual – unwanted physical contact, inappropriate touching, abusive comments, exposure to inappropriate films etc.
- Online / Cyber – posting on social media, sharing photos, sending nasty text messages, social exclusion, posting / sharing socially embarrassing material etc.
- Indirect – can include the exploitation of individuals such as ‘false friendships’, criminal exploitation, sexual exploitation, and radicalisation
- Prejudice-related – derogatory and discriminatory language and behaviour including that which is racist, sexist, homophobic, biphobic, transphobic and disablist in nature. **This language and behaviour may be directed towards people because of their sex, religion or beliefs, race/ethnicity/nationality; or because they have a learning or physical disability; or because they are lesbian, gay, bisexual, or trans, or are perceived to be, or have a parent/carer, sibling, or friend who is.** It may include misogyny or misandry and be sexist in nature. Such language and behaviour are generally used to refer to something or someone as inferior.

There is no hierarchy of bullying, all forms of bullying are taken equally seriously and will be dealt with appropriately. Our school also understands that some behaviour such as ‘baiting’ or ‘false friendships’ may constitute as bullying, we will consider the context of all incidents and aim to support all children involved.

Our school understands that banter is an increasingly relevant part of discussions relating to bullying; however, it is important to acknowledge that banter is not inherently bullying, and it can be an important part of social bonding and friendships. At the same time, we know

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that some bullying in society is passed off as ‘just banter’, and we know that banter can quickly escalate to inappropriate or harmful exchanges and bullying. Our school defines ‘prosocial banter’ as ‘playful, typically funny, teasing between friends’. Prosocial banter can occur both online and offline and includes a range of behaviours that may be verbal, physical, or information/message sharing (online). Banter can include some of bullying behaviours set out in this policy document, so it is important to distinguish between shared positive social bonding and inappropriate banter and bullying. School staff will distinguish between banter and bullying by taking careful consideration of the *intention, content and topic* of reported incidents.

**Where does bullying take place?**

At Banks Road Infant and Nursery School we understand that bullying is not confined to the school premises. Bullying can take place outside of school, on the journey to and from school and in the local community. Bullying may also take place online (this is sometimes referred to as cyberbullying).

We will offer support and guidance to pupils, parents/carers and families who have experienced any type of bullying whether this has taken place inside school, outside of school or online. We are committed to working with outside agencies where appropriate to prevent and tackle all forms of bullying.

We anticipate the full support of parents/carers and families during our investigations of reports of bullying or relational conflicts and request that they work in partnership with our school colleagues to help provide all evidence and context to any reported incidents (particularly when alleged incidents have taken place online). We ask that parents/carers remain vigilant about their children’s online activities and behaviour online, and work in partnership with the school to educate children about the importance of online safety.

**How to report bullying concerns**

At Banks Road Infant and Nursery School we want pupils, parents/carers, staff, and visitors to confidently report bullying and know that their concerns will be taken seriously. We remain committed to supporting and safeguarding all children involved including the target, the alleged perpetrator, any bystanders/witnesses to the bullying behaviour and the wider school community.

We have clear reporting systems for each group of our school community, the effectiveness of these reporting systems is reviewed throughout the academic year and may be expanded to meet the needs of all members of our community.

**Pupils, including bystanders/witnesses**

We ask that all pupils report concerns of bullying or bullying behaviour to a member of school staff – this can be any member of teaching or non-teaching staff, including a class teacher, a TA, the Head teacher, a lunchtime supervisor, or a member of the office team. We talk about trusted adults regularly in class and in assemblies to remind our pupils of who they can report concerns to.

The member of staff will listen to the pupil and make an initial note of their concerns, they will then discuss next steps with them and reassure them that they will be supported. The member of staff will make a formal record of the bullying report on the school’s recording system and other relevant members of staff will be alerted. The member of staff will directly

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alert the school's Designated Safeguarding Lead if the report is deemed urgent or if a pupil is considered at risk.

We understand that some pupils may find it difficult to tell a member of staff about their concerns verbally, we therefore have additional reporting mechanisms in place. Our school has a worry box in each classroom where the pupil can put their name/a brief note about their concerns/draw a picture of their concern – these worry boxes are introduced to the pupils at the start of the year and pupils are reminded of them regularly.

If a behaviour/incident which has been reported is deemed 'not bullying' and is thought to be 'relational conflict', school staff will still support the pupils involved and help them to resolve any concerns.

**Parents/carers**

We understand that it can be very difficult for a parent/carer to be concerned or hear that their child has been the target of bullying, has experienced bullying behaviour or is an alleged perpetrator of bullying.

We ask that if parents/carers have concerns about their child experiencing or perpetrating bullying, that they contact a member of school staff. Initially we ask parents/carers to contact their child's class teacher/form leader (in person/via telephone call/via email/via learning platform) to explain their concerns. The class teacher will take an initial note of the concerns but may ask to schedule a meeting to allow for more time to discuss the concerns in detail. Following the report and/or the meeting, the head teacher will make a formal record of the bullying report on the school's recording system and other relevant members of staff will be alerted. The member of staff will directly alert the school's Designated Safeguarding Lead if the report is deemed urgent or if a pupil is considered at risk.

We ask that parents/carers come directly to the school with their concerns rather than discussing them with other members of the school community in person or online. We ask that parents/carers remain vigilant about their child's online and out-of-school activities and that they work in partnership with the school to provide any evidence to allow staff to investigate the matter fully and in a timely manner.

Our school remains committed to supporting pupils and their families in all instances of bullying and relational conflict and will respond to reports promptly. Even if the behaviour/incident which has been reported is deemed 'not bullying' and is thought to be 'relational conflict', school staff will still support the pupils involved and help them to resolve any concerns.

We will endeavour to ensure that all parties are kept informed of progress and any developments, but we will also need to show due regard to GDPR (General Data Protection Regulations). This may mean, at times, that we are not able to provide or share information or updates.

**School staff**

Our staff work closely with our pupils and therefore may notice a change in a pupil's behaviour or attitude that might indicate that something is wrong before receiving a report from a pupil or a member of the school community. If staff have any concerns about a pupil's welfare or are concerned that a pupil is displaying behaviours that may show they are the target of bullying or perhaps perpetrating bullying, they should act on them immediately rather than wait to be told.

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We ask that staff report their concerns to a Designated Safeguarding Lead/directly to the Head teacher. The member of staff receiving the report will take an initial note of the concerns and will then make a formal record of the bullying report on the school's recording system and other relevant staff members will be alerted. The member of staff must directly alert the school's Designated Safeguarding Lead if the report is deemed urgent or if a pupil is considered at risk.

**Visitors**

We ensure that all visitors to our school are aware of our Child Protection and Safeguarding procedures and which staff member they should report any concerns to (the member of staff may differ depending on the purpose of the visit e.g., supply teacher, governor, external agency etc.).

We ask that if a visitor to our school has any concerns about bullying behaviour that they have witnessed, or been told about, that they report their concerns at the earliest opportunity in person to the school's Designated Safeguarding Lead/the Head teacher/a member of the Senior Leadership Team. We ask that visitors report their concerns in person by the end of the school day. For example, it would not be appropriate to wait until the following day or leave a written note with concerns. The member of staff receiving the report will take an initial note of the concerns and will then make a formal record of the bullying report on the school's recording system and other relevant staff members will be alerted. The member of staff will directly alert the school's Designated Safeguarding Lead if the report is deemed urgent or if a pupil is considered at risk.

**How our school will respond to reports of bullying**

At Banks Road Infant and Nursery School all reports of bullying or reported concerns of bullying behaviours will be taken seriously and investigated. Even if an incident is deemed 'not bullying' or a 'relational conflict', our school remains committed to supporting all pupils who have been involved and effected.

Our school keeps records of all reports of bullying, this information is stored on our school's recording system. These records are used to identify trends and inform our school's preventative work. Information from these records is discussed regularly at staff meetings to ensure that all staff are kept up-to-date and are alert to any ongoing concerns.

Our staff use a contextual approach to safeguarding and each incident will be dealt with on a case-by-case basis. Some of our school's responses may include, but may not be limited to:

- Talk to all pupils involved in the reported incident – this may include the target, child who has allegedly displayed bullying behaviour, the alleged perpetrator, and any bystanders/witnesses
- Talk to the parents (of the target and/or the child who has allegedly displayed bullying behaviour). We anticipate the full support from parents/carers and request that they provide staff with all available evidence (particularly when alleged incidents have taken place online).
- Our school will take a restorative and education-based approach in order to address the possible root causes for any bullying behaviours. When appropriate, we will implement appropriate sanctions in accordance with our school's Relationships and Behaviour Regulations policy. These sanctions will be graded according to the

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seriousness of the incident, but will send out a message that bullying is unacceptable. We may issue bespoke interventions or next steps of support depending on the circumstances and root causes.

- Discuss the report/incident/case with other agencies and organisations when appropriate and make referrals to those organisations when appropriate
- Keep in touch with the person who reported the incident/behaviour to inform them that action has been taken – this may include a pupil, a parent/carer/guardian, a member of staff or visitor, or another member of the school community. We will endeavour to ensure that all parties are kept informed of progress and any developments, but we will also need to show due regard to GDPR. This may mean, at times, that we are not able to provide or share information or updates.
- Implement a range of follow-up support/interventions appropriate to the situation (this may include informal or formal restorative work with the target and alleged perpetrator, solution-focused meetings, individual or group work with the child who has displayed bullying behaviour, individual or group work with the alleged perpetrator, individual or group work with any witnesses/bystanders, group work with the wider-school community etc.)
- Monitor the effectiveness of actions taken and reassess/take more actions if appropriate
- Liaise with the Designated Safeguarding Lead if there are safeguarding issues or concerns and consider the potential impact of the experiences – a DSL may then liaise with other professionals and Local Authority teams as appropriate (e.g., school counsellor, CAMHS, MASH etc.).

If a parent/carer is not satisfied with our school's actions, we ask that they follow our school's complaint policy and procedures. This is available online from our school website and on request from the school office.

**Strategies for preventing bullying**

At, Banks Road Infant and Nursery School, we are committed to the safety and welfare of our pupils, and therefore we have developed the following strategies to promote friendly and positive behaviours and discourage bullying behaviours. Throughout the academic year, the effectiveness of these strategies is reviewed, and the variety of strategies may be expanded to address specific concerns or meet the needs of all members of our community. The strategies we use include, but are not limited to:

- Active school council / school parliament with representatives from each year groups
- Playground Pals
- Taking part in Anti-Bullying week annually (November)
- Taking part in Safer Internet Day annually (February)
- Robust R(S)HE curriculum for all year groups
- Collaborative work with safeguarding leads, SENCOs and other colleagues and specialists
- Specific curriculum inputs for online safety and cyberbullying



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- End of term / end of academic year celebration events
- Opportunities for pupils to share their voice and opinions – through surveys etc.
- Inclusive displays throughout the school with a diverse range of work, photographs etc.
- Inclusive toys and books throughout the school raising awareness of and celebrating differences
- Nurture sessions in our Rainbow Room.
- Specific initiatives for identified individuals or groups
- Regular staff training and development for all staff (including lunchtime supervisors and staff who support our before and after-school clubs)
- All staff model expected behaviour

**Breaches / Complaints**

Breaches to this policy will be dealt with in the same way that breaches of other school policies are dealt with, as determined by the Head teacher and Governing Body.

If a parent/carer is not satisfied with our school's actions, we ask that they follow our school's complaint policy and procedures. This is available online from our school website, and on request from the school office.

**Links with other policies**

You may find it helpful to read this Anti-Bullying policy alongside the other following school policies:

<b>Policy</b>	<b>How it may link</b>
Child-on-child Abuse Policy (Previously named 'Peer-on-peer')	Includes links to bullying – specifically sexualised bullying and exploitation
Relationships and Behaviour Regulations Policy	Includes details about the rewards and sanctions for pupils
Whole School Child Protection and Safeguarding Policy	Includes information about child protection procedures and contextualised safeguarding
Online Safety & Acceptable Use Policies	Includes information about children's online behaviour and details about online bullying/cyberbullying
Equalities Policy	Includes information about our school's approach to tackling prejudice and celebrating differences. Links to prejudice-related language and crime and the protected characteristics
RSHE / PSHE Policy	Includes information about our school's RSHE programme and how we teach about relationships, friendships, and bullying

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Complaints Policy	Includes information about how to make a complaint if you are not satisfied with the school’s response
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**Monitoring and Review**

This policy is reviewed and evaluated throughout the academic year. It is updated annually.

Date approved by the Governing Body: 11.12.25

Date to be reviewed: November Dec 2026

**NCC Anti-bullying and Online Safety Coordinator:**

Katherine Marshall- Anti-Bullying and Online Safety Coordinator

[katherine.marshall@nottsc.gov.uk](mailto:katherine.marshall@nottsc.gov.uk)

**Education, Learning and Skills**

**Children Families and Cultural Services**

**Meadow House**

**Littleworth**

**Mansfield**

**NG18 2TB**

**Tel 01158040808**

**Mob 07904594939**

**Useful organisations**

**Anti-bullying Alliance (ABA)** - [www.anti-bullying.org](http://www.anti-bullying.org)

Brings together more than 65 organisations with the aim of reducing bullying and creating safer environments in which children and young people can live, grow, play and learn.

**Mencap** – [www.mencap.org](http://www.mencap.org)

Mencap is a learning disability charity that provides information and support to children and adults with a learning disability, and to their families and carers.

**Stonewall** – [www.stonewall.org.uk](http://www.stonewall.org.uk)

**The lesbian, gay and bisexual charity**

**Educational Action Challenging Homophobia (EACH)** – [www.eachaction.org.uk](http://www.eachaction.org.uk)

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Educational Action Challenging Homophobia (EACH) is a charity and training agency helping people and organisations affected by homophobia. The website gives guidance, contact details and a freephone helpline.

**School's Out** – [www.schools-out.org.uk](http://www.schools-out.org.uk)

**Beatbullying** – [www.beatbullying.org.uk](http://www.beatbullying.org.uk)

Beatbullying is the leading bullying prevention charity in the UK and provides anti-bullying resources, information, advice and support for young people, parents and professionals affected by bullying.

**Childnet International** – [www.childnet-int.org](http://www.childnet-int.org)

Childnet International - The UK's safer internet centre

### **Some useful organisations for schools**

The following organisations provide support for schools and parents/carers dealing with specific bullying issues including the social, mental or emotional effects caused by bullying.

**The Anti-Bullying Alliance (ABA):** Founded in 2002 by NSPCC and National Children's Bureau, the Anti-Bullying Alliance (ABA) brings together over 100 organisations into one network to develop and share good practice across the whole range of bullying issues.

**The Diana Award:** Anti-Bullying Ambassadors programme to empower young people to take responsibility for changing the attitudes and behaviour of their peers towards bullying. It will achieve this by identifying, training and supporting school anti-bullying ambassadors.

**Kidscape:** Charity established to prevent bullying and promote child protection providing advice for young people, professionals and parents about different types of bullying and how to tackle it. They also offer specialist training and support for school staff, and assertiveness training for young people.

**The BIG Award:** The Bullying Intervention Group (BIG) offer a national scheme and award for schools to tackle bullying effectively.

**Restorative Justice Council:** Includes best practice guidance for practitioners

### **Cyber-bullying and online safety**

**ChildNet International:** Specialist resources for young people to raise awareness of online safety and how to protect themselves. Website specifically includes new cyberbullying guidance and a practical PSHE toolkit for schools.

**Digizen:** provides online safety information for educators, parents, carers and young people.

**Internet Matters:** provides help to keep children safe in the digital world.

**Think U Know:** resources provided by Child Exploitation and Online Protection (CEOP) for children and young people, parents, carers and teachers.

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The UK Council for Child Internet Safety (UKCCIS) has produced a range of resources for schools, colleges and parents about how to keep children safe online. This includes advice for schools and colleges on responding to incidents of ‘sexting.’

## **LGBT**

**Barnardo’s:** through its LGBTQ Hub, offers guidance to young people, parents and teachers on how to support LGBT students and tackle LGBT prejudice-based bullying

**EACH:** (Educational Action Challenging Homophobia): provides a national free phone action line for targets of homophobic or transphobic bullying and training to schools on sexual orientation, gender identity matters and cyber homophobia.

**Metro Charity:** an equality and diversity charity, providing health, community and youth services across London, the South East, national and international projects. Metro works with anyone experiencing issues related to gender, sexuality, diversity or identity

**Proud Trust:** helps young people empower themselves to make a positive change for themselves and their communities through youth groups, peer support, delivering of training events, campaigns, undertaking research and creating resources

**Schools Out:** Offers practical advice, resources (including lesson plans) and training to schools on LGBT equality in education.

**Stonewall:** An LGBT equality organisation with considerable expertise in LGB bullying in schools, a dedicated youth site, resources for schools, and specialist training for teachers.

## **SEND**

**Mencap:** Represents people with learning disabilities, with specific advice and information for people who work with children and young people.

**Changing Faces:** Provide online resources and training to schools on bullying because of physical difference.

### **Cyberbullying and children and young people with SEN and disabilities:**

Advice provided by the **Anti-Bullying Alliance** on developing effective anti-bullying practice.

Anti-bullying Alliance SEND programme of resources: Advice provided by the Anti-bullying Alliance for school staff and parents on issues related to SEND and bullying.

**Information, Advice and Support Service Network:** Every Local area has an information, advice and support service, providing information, advice and support to disabled children and young people, and those with SEN, and their parents.

## **Mental health**

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**MindEd:** Provides a free online training tool for adults that is also available to schools. It can be used to help school staff learn more about children and young people’s mental health problems. It provides simple, clear guidance on mental health and includes information on identifying, understanding and supporting children who are bullied.

**PSHE Association** – guidance and lesson plans on improving the teaching of mental health issues

**Race, religion and nationality**

**Anne Frank Trust:** Runs a schools’ project to teach young people about Anne Frank and the Holocaust, the consequences of unchecked prejudice and discrimination, and cultural diversity.

**Educate Against Hate:** provides teachers, parents and school leaders practical advice and information on protecting children from extremism and radicalisation.

**Show Racism the Red Card:** Provide resources and workshops for schools to educate young people, often using the high profile of football, about racism and homophobia

**Kick It Out:** Uses the appeal of football to educate young people about racism and provide education packs for schools.

**Tell MAMA:** Measuring Anti-Muslim Attacks (MAMA) allows people from across England to report any form of Anti-Muslim abuse, MAMA can also refer victims for support through partner agencies.

**Anti-Muslim Hatred Working Group:** Independent members of this group are representatives from the Muslim community and will assist and advise on all relevant issues.

Please note that internal servers may block access to some of these sites. Schools wishing to access these materials may need to adjust their settings

**Sexual harassment and sexual bullying**

**Ending Violence against Women and Girls (EVAW): A Guide for Schools.** This guide from the End Violence Against Women Coalition sets out the different forms of abuse to support education staff to understand violence and abuse of girls, warning signs to look for, and how to get your whole school working towards preventing abuse.

**Disrespect No Body:** a Home Office led campaign which helps young people understand what a healthy relationship is. This website includes teaching materials to be used in the classroom.

**Anti-bullying Alliance:** advice for school staff and professionals about developing effective anti-bullying practice in relation to sexual bullying.

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**THE POLICY WILL BE REVIEWED ANNUALLY.**

DATE OF REVIEW BY GOVERNING BODY:

February 2016

March 2017

March 2018

March 2019

March 2020

March 2021

December 2022

November 2023

December 2025

December 2026

This policy was reviewed and ratified by the FOM sub committee 11.12.25.

Signed: Chair of Governors \_\_\_\_\_

Date: \_\_\_\_\_

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**Appendix A**

**SCHOOL BULLYING INCIDENT FORM**

School

Date of Incident

Time of Incident

**Nature/Type of Incident** (Please Tick)

*Extortion*

*Isolation/Being Ignored or Left Out*

*Physical*

*Verbal (Name-Calling, Taunting, Mocking)*

*Cyber (Email, Internet, Text)*

*Personal possessions taken/damaged*

*Forced into something against will*

*Written*

*Spreading Rumours*

*Other (please specify)*

**Details of Young People involved**

	Names	Year Group	Gender	Ethnic Origin Code	Role*
1					

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2					
3					
4					
5					
6					

\*Role:   **V** Victim                      **R** Ring Leader                      **A** Associate                      **B** Bystander

**Location of Incident** (Please Tick)

Classroom	<input type="checkbox"/>	School Bus	<input type="checkbox"/>
Playground/Yard	<input type="checkbox"/>	Outside/Around School Gates	<input type="checkbox"/>
Corridor	<input type="checkbox"/>	To/From School	<input type="checkbox"/>
Toilet	<input type="checkbox"/>		

**If you feel the incident was motivated by any of the following** please tick

Appearance	<input type="checkbox"/>	Race/Ethnic Origin *	<input type="checkbox"/>
Disability/SEN	<input type="checkbox"/>	Sexual Orientation	<input type="checkbox"/>
Gender/Sexism	<input type="checkbox"/>	Home Circumstances including Looked After Children/Young People	<input type="checkbox"/>
Religion	<input type="checkbox"/>		

\* Reminder: These incidents should be recorded separately.



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<b>Brief summary of Incident</b>

<b>Action Taken</b>	
include any exclusions, parental involvement, or involvement with external agencies.	
Generally	
If appropriate was a CAF used?	YES/NO
With Individuals (as noted on page 1)	
1.	
2.	
3.	
4.	
5.	
6.	

Form completed by:	Date:
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Follow-up	Date



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### Preventing bullying at Banks Road

#### How is my child taught about bullying?

Banks Road teaches bullying through direct teaching and through the SEAL (Social & Emotional Aspects of Learning) curriculum, which includes ‘Say No to Bullying’. See our school website for more information on our curriculum.

#### How will my child know what to do if they are being bullied?

Banks Road has systems in place which ensure children who are hurt or upset are able to voice their concerns. These include:

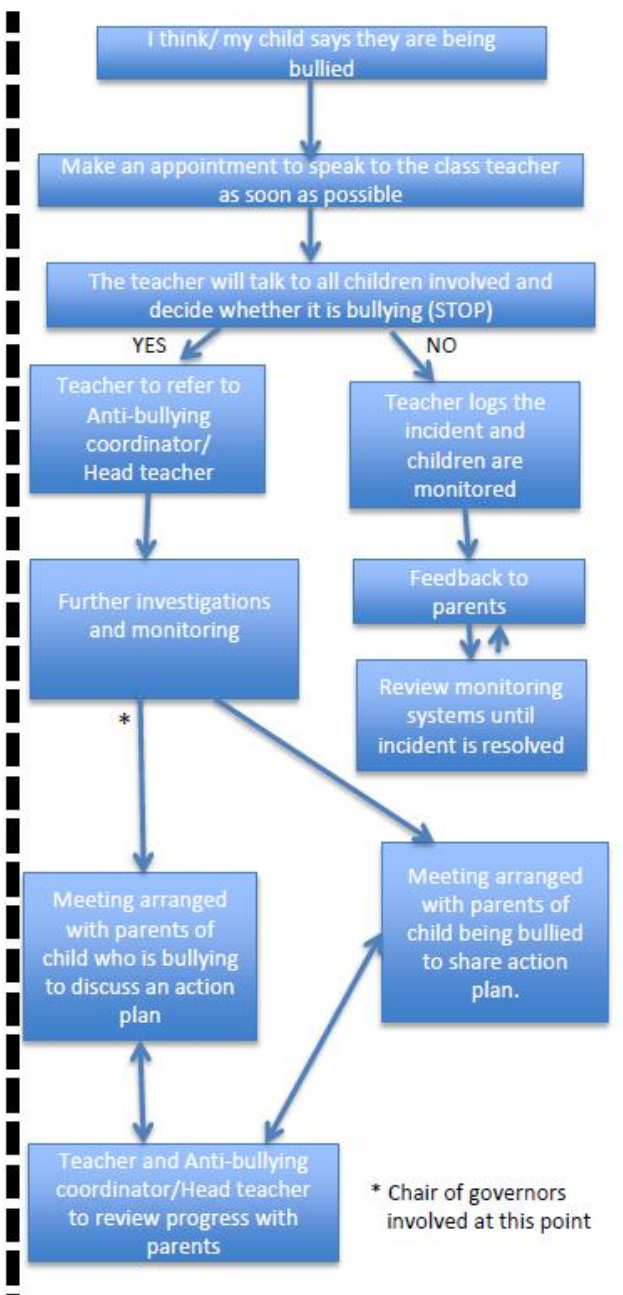
- Raising awareness through the SEAL curriculum
- Nurture groups
- Playtime boxes which enable private time with the teacher
- Playtime buddies (year 2 children)
- Class midday supervisor at lunchtimes (MSA)

#### What can my child do if they see someone being bullied?

Children can be highly influenced by their peers. The bystander has an important and significant role in bullying. When peers intervene, bullying will stop in less than 10 seconds nearly 60% of the time! At Banks Road children are taught how to be a ‘good Samaritan’ and have the confidence to intervene when they feel another child is being bullied.

For further information on bullying see the following policies on the Banks Road website: Behaviour policy, Anti-bullying policy, child protection and safeguarding policy  
[www.banksroadschool.co.uk](http://www.banksroadschool.co.uk)

Useful websites: [www.gov.uk/bullying-at-school](http://www.gov.uk/bullying-at-school)  
[www.bbc.co.uk/schools/parents/bullying](http://www.bbc.co.uk/schools/parents/bullying)  
[www.nhs.uk/livewell/bullying](http://www.nhs.uk/livewell/bullying)



### Anti-Bullying Information for parents



This leaflet was developed in consultation with parents.



## The Definition of Bullying

Bullying occurs where there is a deliberate intention to hurt or humiliate someone. There is a power imbalance and it is usually persistent.

### Several Times On Purpose

Bullying can be...

Physical – hitting, kicking, pushing, taking or hiding things.



Verbal – Name calling, teasing, insulting, threats, gossiping.



Emotional – looks, leaving out of groups, ignoring.



## Possible signs of bullying (behaviour signals)

- Your child may be scared or upset at the thought of going to school, they may complain of feeling ill in the morning.
- They may come home from school with unexplained bruises or scratches etc.
- Their behaviour might change in different ways i.e. they may become more withdrawn, lack confidence and refuse to say why or they may be aggressive, unreasonable and bully other siblings.

## What can you do as a parent if your child shows any of these signs

**Ask** – What did you do at school today? Who did you play with? Is there anyone at school you don't like? Why? Are you looking forward to school tomorrow?

**Listen** – Make the time to listen carefully to everything your child is telling you i.e. turn off the TV and give them your full attention. Use toys, puppets or pets to encourage your child to talk. Use faces showing pictures of feelings. Draw pictures with them or get them to draw some of the key parts of their day.

**Reassure** – Tell your child that you will help them to make the bullying stop by talking to the school.

**Discuss a plan with them** – Talk about what your child can do straight away, encourage them to tell if anything happens that upsets them. When a plan is made with the school discuss this with your child at home.

## Next steps to take

1. Talk to your child and start keeping a record or diary.
2. Contact the school office to make an appointment to see your child's class teacher. Our contact details are **01159179881**.
3. If you are not satisfied make an appointment with the Head teacher/Anti-bullying coordinator.

## What to do if your child is the bully

Bullies pick on others as a way of making life better for themselves. They often use bullying as a way of achieving popularity and friends.

If your child has been bullying:

- Stay calm and don't get angry with them – they may be going through a difficult time themselves.
- Talk to them about why they are bullying and what they think they could do to stop
- Reassure them that it is the behaviour you don't like not them!
- Work out a way for your child to make amends for the bullying.
- Work with the school to support you in helping to change your child's behaviour.
- Remember to give positive feedback for the good behaviour.