

# **PE and Sports Premium Funding 2020/2021**

We consider ourselves extremely lucky at Banks Road to receive the high level of PE and Sports premium funding that we do. Typically, our children lead healthy lifestyles and parents are well informed about the importance of exercise and healthy eating. With Covid 19 the children's participation in extra curricular sport has been severely impacted and at the time of writing (Sept 2020) we are unsure of the continued impact the pandemic will have. Where clubs start up again many of our children are returning but our youngest children are unsure how to access these facilities and many are not yet opened fully. Swimming lessons have started up again at this time but again many of our youngest children who would have traditionally started swimming by now have not due to the uncertainty about the future restrictions. Alongside the concerns for physical health there are increasingly concerns about the mental health and wellbeing of our children. We are unable to ascertain the impact but anecdotal evidence from families and observations by staff raises our concerns for mental and physical health for young children generally. Further investigation on the impact of the pandemic will be undertaken at an appropriate stage of recovery.

We are proud to hold a healthy schools award for the school and we try to promote the importance of exercise and movement and making healthy food choices in our curriculum and in our regular healthy lifestyles weeks and days.

PE lessons have been impacted dramatically by the pandemic. We have timetabled Major Oak coaching sessions for one session a week and as part of our Recovery curriculum all year groups are increasing children's access to Forest school sessions. However with a severe shortage of space and restrictions rightly ensuring the physical safety of all stakeholders in school many PE sessions have had to be cancelled or run in confined spaces with restrictions on equipment and movement. Partly to combat this our KS1 classes have increased the amount of time children access 'Brain Breaks', 'Wake and Shake' and Yoga sessions in whole class short bursts in order to ensure children remain physically active. In addition outdoor playtimes have been extended to ensure children again are physically active, have time for social contact and free play with their peers as restrictions are severely limited social contact beyond school, and are safe.

## **Sports Premium Spending (September 2020/ September 2021) at Banks Road Infant and Nursery school**

**Our PE and Sports funding allocation for the academic year 2020/21 is £17,129**

At Banks Road we use our Sports Premium funding to:

- **develop teaching and learning in PE**
- **give children the opportunity to experience a range of sports**
- **promote healthy and active lifestyles**
- **enable children to participate in competitive sport.**

**This year we will use our PE and Sports premium budget to**

1. Employ specialist sports coaches from Major Oak sports coaching company to teach 1 Key Stage 1 PE lesson per week.
2. Employ a teaching assistant for EYFS in order to increase opportunity for outdoor learning and physical activity outdoors, target support for vulnerable groups to accelerate progress in physical development and personal and social development.
3. Purchase / develop resources needed in order to develop P.E. provision in EYFS and Key Stage 1

4.

**How will the PE and Sports Premium Funding be spent in 2020/2021?**

<b>Priority</b>	<b>How the funding was used :</b>	<b>Cost</b>	<b>Impact / Evidence</b>
<p>To develop staff confidence and skills in teaching a range of sports across KS1. To provide experience of a range of sports for KS1.</p>	<p>Funding was used to employ Major Oak sports coaches to teach 1 PE lesson a week across Key Stage 1. Major Oak follow a curriculum focussed on skill development and gross motor skill development. They plan lessons following their schemes of work and teacher's work alongside the sports coaches to assess key skills and plan next steps.</p>	<p><b>The cost of Major Oak coaches this financial year was £1920.</b></p> <p>Major Oak are a trusted accredited sports coaching company we have been using for many years. For further information on Major Oak please see their website : <a href="http://www.majoroakcoaching.com/">http://www.majoroakcoaching.com/</a></p>	<p>Classes were run by Major Oak throughout the Autumn term however their staffing difficulties meant that standards in coaching were not as expected. In addition with restrictions on space due to staggered lunchtimes, playtimes, drop off and pick ups PE lessons became increasingly difficult to timetable. We were released from our contract in November 2020 and do not intend to restart formal PE coaching until the pandemic is well and truly over.</p>
<p>To maintain sports equipment to ensure children have play equipment for playtime and the correct equipment needed for PE sessions.</p>	<p>Equipment was updated for PE sessions and playtime including airflow balls, large hoops, sponge balls and small bats.</p>	<p><b>The cost of PE and Sports equipment was £315.</b></p>	<p>Children continue to be able to access PE equipment outdoors at playtime although restrictions on sharing equipment have minimised the range they are able to access. PE equipment for PE sessions is used wherever possible.</p>
<p>To develop children in EYFS gross motor and fine motor skills. To support children in EYFS and KS1 with mental health and emotional wellbeing.</p>	<p>Provided targeted interventions for groups of vulnerable children and individuals including children in FS1 with specific physical difficulties. In addition TA was used for small group PSED support sessions for children whom teachers raised concern for mental health/wellbeing during the academic year and Covid 19 pandemic.</p>	<p><b>The cost of a T.A. for 4 hours a day for 3 terms targeted interventions was £14,415.</b></p>	<p>The Forest school intervention developing gross motor skills, co-ordination has been successful and staff felt the pupils were fully engaged and motivated due to the setting of the intervention. Fine motor interventions- developing specific cutting skills, fine motor strength and pencil skills worked well as the majority of pupils not on track were identified as having poor scissor and pencil skills particularly with the strength in their fingers. Morning meet and greet with specific children to provide them with the opportunity to discuss and explore how they are feeling created a smooth transition into the day and provided pupils with</p>

			<p>the opportunity to discuss issues and then being better prepared mentally to focus during the learning sessions. Specific interventions to develop vocabulary around emotions and coping strategies, which staff feel has lessen pupils frustrations around being able to articulate their emotions and needs.</p> <p>PSED- Baseline assessment- 4/32-13% on track increased to 18/31-58%</p> <p>M&amp; H- Baseline assessment-13/32-41% on track increased to 15/31-48%</p>
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